

Senior Dining Program – Menu for November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Baked Ham Cabbage w/Vinegar Macaroni & Cheese Biscuit w/Apple Butter Peach Cobbler	2 Baked Breaded Fish w/Tartar Sauce Green Beans Rice w/Gravy Biscuit w/Apple Butter Spiced Apples	3 Cheese Burger Cole slaw Pickle Bake Potato Chips Banana
6 Chicken Parmesan w/Pasta & Sauce Garlic Brussels Sprouts Dinner Roll w/Margarine Cookie	7 Fried Fish w/Tartar Sauce Green Beans Sweet Potato Cornbread w/Margarine Spiced Apples	8 Sweet & Sour Chicken White Rice Glazed Carrots Roll w/Margarine Pineapple Lemon Jello	9 Chili Green Salad w/Dressing Loaded Baked Potato Crackers Orange	10 Closed for Veterans Day
13 Black Eyed Peas Sweet Potato Casserole Cabbage w/Vinegar Cornbread w/Margarine Cherry Cobbler	14 Turkey Wrap w/Lettuce, Tomato, Honey Mustard Potato Soup Banana	15 Meatloaf Mashed Potatoes Mixed Vegetables Dinner Roll w/Margarine Applesauce	16 Pork Loin w/Gravy Creamed Corn Brussels Sprouts Biscuit w/Apple Butter Peaches	17 Fried White fish w/Tartar Sauce Cabbage w/Vinegar Mashed Potatoes Cornbread w/Margarine Orange Jello
20 Chicken Pot Pie Green Beans Roll w/Margarine Cherry Cobbler	21 Beef Stew Brown Rice Roll w/Margarine Chocolate Pudding	22 Pork Roast Sweet Potato Casserole Zucchini Biscuit w/Apple Butter Blackberry Cobbler	23 Closed for Thanksgiving	24 Closed for Thanksgiving
27 Parmesan Baked Fish Green Beans Mashed Potatoes Cornbread w/Margarine Banana	28 BBQ Chicken Thigh Spinach salad w/Dressing Crackers Baked Potato Pineapple Lemon Jello	29 Beef Tacos Corn Black Beans Cookie	30 Butternut Squash Green Peas Corn Biscuit w/Apple Butter Vanilla Pudding	



Senior Dining Program – Menu Summary for March 2022

Milk is served with every meal. Some items are not always listed.