


Asheville/Buncombe Black Elders Engagement Project*

JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>National Minority Health Awareness Month</i></p>			<p>July is National Minority Mental Health Awareness Month. The Hope4NC Helpline (1-855-587-3463) is here to connect you with emotional support and mental health resources to help build coping skills and resilience during times of crisis. The helpline is available free of charge to everyone living in North Carolina.</p>		<p>1 Senior Zumba Gold Exercise Shiloh Community Center 11am -12 pm</p>	<p>2 Ooh La La Curiosity Market 10am-4pm Shindig on the Green Pack Square Park 7- 10pm</p>
3	<p>4 County Holiday Closing Lake Julian Fireworks 8-10 pm</p>	<p>5 Burton Street Elite Senior Elite Club 11am-2pm</p>	<p>6 Aston Park Community Market 3pm Rainbow Inspiration 12 – 12:30pm, virtual</p>	<p>7 Deaverview Apartment Community Market 3pm Burton Street Senior Elite Club 11pm-2pm</p>	<p>8 Western NC Falls Prevention Coalition Meeting 9 – 10:30am, Senior Zumba Gold Exercise 11am-12pm Shiloh Center Senior Opportunity Engagement Market 12pm</p>	<p>9 Ooh La La Curiosity Market Pritchard Park 10am-4pm Shindig on the Green Pack Square Park 7-10pm</p>
10	<p>11 Erwin Middle School Community Engagement Market 5pm</p>	<p>12 Bartlett Arms Apartments Community Engagement Market 3pm</p>	<p>13 Pisgah View Apartment Engagement Market 3pm Senior Zumba Gold Exercise, Shiloh Center 11am -12 pm Preventive Health Lunch & Learn Shiloh Ctr 12-2pm</p>	<p>14 Foot Care Clinic, Shiloh Community Center 1-4pm</p>	<p>15 Klondyke Community Engagement Market 3pm</p>	16
17	<p>18 Deaverview Apartment Community Market 3pm</p>	<p>19 Asheville Middle School Community Engagement Market 5pm Burton Street Senior Elite Club 11pm-2pm</p>	<p>20 Shiloh Community Engagement Market 3pm Senior Zumba Gold Exercise Shiloh Community Center 11am-12</p>	<p>21 Burton Street Senior Elite Club 11pm-2pm</p>	<p>22 ABCCM Community Market 2pm Senior Zumba Gold Exercise Shiloh Center 11am -12 pm</p>	<p>23 Ooh La La Curiosity Market Pritchard Park 10:00 am 4:00 pm Shindig on the Green Pack Square Park 7-10pm</p>
24 31	<p>25 Edington Center Community Engagement Market 3pm</p>	<p>26 Bartlett Arms Apartments Community Engagement Market 3pm</p>	<p>27 Pisgah View Apartment Engagement Market 3pm Senior Zumba Gold Exercise Shiloh Community Center 11am-12</p>	<p>28 Burton Street Elite Senior Elite Club Burton Street Community 11am—2pm</p>	<p>29 Senior Zumba Gold Exercise, Shiloh Community Center 11am -12 pm</p>	<p>30 Ooh La La Curiosity Market Pritchard Park 10am-4pm Shindig on the Green Pack Square Park 7-10pm</p>

*ABBE is a new community project. For details about each of calendar events, please see the next (back) page

July 2022 Activities and Events

Community Engagement Markets

Aston Park Community Engagement Market 165 S French Broad Avenue Wednesday, August 3, 3:00 PM – 4:30 PM

Deaverview Apartment Community Engagement Market 275 Deaverview Road, Thursday, August 4, 3:00 PM – 4:30 PM; Monday, August 18, 3:00 PM – 4:30 PM

Senior Opportunity Community Engagement Market, 35 Grove Street, Friday, August 5, 3:00 PM – 4:30 PM

Erwin Middle School, 20 Erwin Hills Rd., Monday, July 11, 5:00 PM – 6:00 PM

Bartlett Arms Apartments Community Engagement Market, 121 Bartlett Street, Tuesday August 12 & 26, 3-4:30 PM

Pisgah View Apartment Community Engagement Market, 1 Granada Street, Wednesday, August 13 & 27, 3-4:30 PM

Klondyke Community Engagement Market, 500 Montford Ave, Friday, August 15, 3:00 PM – 4:30 PM

Asheville Middle School Community Engagement Market, 211 S. French Broad Ave, Tuesday, August 19, 5-6:00 PM

Shiloh Community Engagement Market, 486 Caribou Road Asheville, Wednesday, July 20, 3:00 PM – 5:00 PM

ABCCM Community Engagement Market, 1914 Smokey Park HWY, Candler, Friday, July 22, 2:00 PM 4:00 PM

Edington Center Community Engagement Market, 133 Livingston Street, 3:00 PM – 4:30 PM

Other Events

Ooh La La Curiosity Market Pritchard Park, Saturdays, 10:00 am 4:00 pm

Burton Street Elite Senior Elite Club. Burton Street Community Center, 134 Burton Street

Rainbow Inspiration, *Virtual*. Hear their Story. Learn Their Journey. Be Inspired. A series of spotlights on our LGBTQ community leaders and influencers. This free, monthly event is part of Blue Ridge Pride's Generation Plus. For more information, contact Butch Thompson, BThompson@blueridgepride.org

Western NC Falls Prevention Coalition Quarterly Meeting. *Virtual*. Are you interested in being a member of the Advisory Council for the WNC Fall Prevention Coalition? Our Advisory Council meeting dates and times are below. Send us an email with your interest and county(s) you would want to represent!

Email: fallpreventioncoalitionwnc@gmail.com

July 4, Lake Julian Fireworks and fun activities 8am -10pm

July 8, B Street Summer Cookout 6pm-8pm 134 Burton Street

July 23, Outdoor Summer Movie 7:30-10 pm 134 Burton Street

Preventive Health Lunch & Learn, Shiloh Community Center, 121 Shiloh Road. Preventive Health Education and HOT TOPICS Locally and Nationally discussed. All communities welcome! Hosted by Kathey Avery, Avery Health Education and Consulting LLC, (Avery HEC LLC). Free.

Foot Care Clinic, Shiloh Community Center. Shiloh Community Association Foot Care Clinic for older adults in the community with educational materials about healthy aging. Services include the following: toenail trimming, filing calluses, checking for common medical problems that impact mobility, referrals to community services, and information on healthy aging and caregiving.



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