

Senior Dining Program – Menu for July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pinto Beans Collards w/Vinegar Scalloped Potatoes Cornbread w/Margarine Pineapple
4 CLOSED for 4th of July	5 Fish Sandwich w/Tartar Sauce French Fries Pickle Orange	6 Taco Salad w/Ground Beef, Black Beans, Corn Lettuce & Tomato Cheese & Sour Cream Tortilla Chips Strawberry Banana Jello	7 Macaroni & Cheese Green Peas Lima Beans Cornbread w/Margarine Apple Cobbler	8 Meatloaf Baked Potato w/Margarine Green Beans Biscuit w/Apple Butter Pears
11 Fried Chicken Tenders w/Gravy Carrots Mashed Potatoes Dinner Roll w/Margarine Orange	12 VA Baked Ham Brussels Sprouts Mac & Cheese Biscuit w/Apple Butter Peaches	13 Hot Dog w/Chili French Fries w/Ketchup Baked Beans Apple	14 Black Eyed Peas Sweet Potato w/Margarine Cabbage w/Vinegar Cornbread w/Margarine Cherry Cobbler	15 Baked Spaghetti w/Sauce, Pasta, Cheese Spinach Cucumber Tomato w/Italian Dressing Dinner Roll w/Margarine Banana
18 Turkey Breast w/Gravy Mashed Potatoes Green Beans Biscuit w/Apple Butter Chocolate Pudding	19 Sweet & Sour Chicken Rice Broccoli & Cauliflower Roll w/Margarine Peach Cobbler	20 Tuna Salad Sandwich w/Lettuce & Tomato Potato Salad Beets Vanilla Pudding	21 Roast Beef w/Gravy Brown Rice Green Peas Biscuit w/Apple Butter Apple Sauce	22 Pork Roast Sweet Potato Casserole Zucchini Dinner Roll w/Margarine Apple Cobbler
25 Buttermilk Fried Chicken w/Gravy Sweet Potatoes Peas Biscuit w/Apple Butter Orange	26 Sloppy Joe Baked Beans Coleslaw Pineapple Lemon Jello	27 Salisbury Steak w/Mushroom Gravy Rice Mixed Vegetables Wheat Roll w/Margarine Banana	28 Turkey Sandwich w/Mayo Lettuce & Tomato Potato Salad Fruit Salad	29 Squash Green Beans Carrots Cornbread w/Margarine Blackberry Cobbler