

COUNCIL ON AGING SENIOR DINING

Menu for the month of July, 2008

Monday	Tuesday	Wednesday	Thursday	Friday
	Tues. July 1 Cubed Steak with Gravy Turnip Greens Rice Orange Juice	Wed. July 2 Chicken Salad Green Beans Tomatoes & Lettuce Potato Salad	Thurs July 3 Spaghetti w/ Mt Sau & Ch Tossed Salad w/ Cucum. & Diced Tomatoes	Fri. July 4 HOLIDAY
Mon. July 7 Baked Chicken w/ Gravy Broccoli Casserole Whipped Potatoes Mixed Fruit Salad	Tues. July 8 Cheeseburger Sliced Tomato & Lettuce Baked Beans Sliced Peaches	Wed. July 9 Pinto Beans Mixed Greens Macaroni & Cheese Pears Chopped Raw	Thurs. July 10 Barbecued Chicken Squash Casserole Lima Beans Apple Sauce .	Fri. July 11 Pepper Steak w/ Gravy Green Beans Rice Pineapple
Mon. July 14 Hot Dog with Chili Baked Beans Coleslaw Chopped Raw Onion Apple Juice .	Tues. July 15 Oven Fried Fish Filet Steamed Cabbage Oven Brownd Potatoes Fruit Cocktail Cornbread	Wed. July 16 Baked Pork Chop Tossed Salad with Tomatoes & Cucum. Hash Brn Potatoes w/ Cheese	Thurs. July 17 Thin sliced Turkey & Cheese Sandwich Copper Pennies Sliced Tomatoes & Lett. Potato Salad	Fri. July 18 Beef A Roni Green Beans Green Peas Peaches .
Mon. July 21 Cheeseburger Sliced Tomato & Lettuce Baked Beans Orange Juice Carrot Raisin Salad	Tues. July 22 Oven Baked Chicken Turnip Greens Corn Purple Plums Cornbread	Wed. July 23 Chicken Pot Pie with Mixed Vegetables Broccoli Florets Strawberries	Thurs. July 24 Tuna Salad on Lettuce Tomato Salad Pear with Cheese Pasta Salad	Fri. July 25 Oven Baked Chicken w/ Gravy Mixed Greens Orange Juice Whipped Potatoes

Please note that milk is served with every meal; main course items only are listed; crackers, bread, desserts, etc., not always listed.