

COUNCIL ON AGING

of BUNCOMBE COUNTY, Inc.

46 Sheffield Circle

Asheville, NC. 28803

(828) 277-8288

FAX (828) 277-8299

FACT SHEET

Serving Adults Age 60+ and Their Families Throughout Buncombe County

8:30 am – 5:00 pm Monday - Friday

Established 1964 as Buncombe County Committee on Aging, Inc.

Established 1973 as Buncombe County Council on Aging, Inc.

Established 2003 as Council on Aging of Buncombe County, Inc.

501 © 3 Not for Profit Agency – United Way participating agency

MISSION STATEMENT: Dedicated to assisting and linking senior adults and their families with information, opportunities, and services that promote and enhance quality of life.

FUNDING

- **County Aging Supplement** – Senior Dining & Information & Case Assistance/Outreach services.
- **Community Action Opportunities** – supports case assistance for weatherization services.
- **Community Health Enhancement Program** – supports coordination of Project Continuum CARE (Coordinating Care to At-Risk Elderly)
- **Family Caregiver Program (Land of Sky Area Agency on Aging)** – supports case assistance for caregivers of the elderly; respite funds for caregivers.
- **Home & Community Care Block Grant (HCCBG)** – federal and state funds support Information and Case Assistance, Senior Dining, In-Home Aide programs.
- **Kate B. Reynolds Charitable Trust** – support for Project Continuum CARE – MSW and Professional and Peer Counseling.
- **Sisters of Mercy Foundation** – support for Project Continuum CARE – case coordination.
- **Chaddick Family Foundation** – support for Seniors Safe At Home services.
- **United Way** – support for Resource Coordination and Seniors Safe At Home.
- **Blue Cross Blue Shield of North Carolina Foundation**– support for Project EMMA (EAT better, MOVE MORE, AGE well) – exercise and local food initiatives in Senior Dining Program.
- **Program Donations** – participant and general donations to Senior Dining, Resource Coordination/Information and Case Assistance, and Seniors Safe At Home services help support those programs.
- **National Church Residences** – supports Services Coordination Battery Park and Vanderbilt Apts.
- **Fund Raising** – Annual Campaign; other activities support all Council programs.
- **General Support** – The Council accepts community donations for general operating costs.
- **State Health Insurance Information Program** – Medicare outreach.

PROGRAMS

- **SENIOR DINING** – Dining sites across the county provide a nutritious noon meal, exercise, education, and socialization opportunities in a variety of settings.
- **RESOURCE COORDINATION/INFORMATION & CASE ASSISTANCE** – Assessment, Advocacy, Linkage, and Follow-Up for identified services; assessments and case assistance services may be completed at the Council's office, via a home visit, or at an outreach location.
- **SENIORS SAFE AT HOME** – A variety of services help older adults maintain their independence and remain safely at home as long as possible. See page 2 for services.

SENIORS SAFE AT HOME (SSAH)

- **CALL A RIDE** – Transportation for elderly persons unable to use public transit systems or drive their own cars. Utilizes volunteers with private vehicles to transport eligible clients to necessary appointments. Requires 5 -day notice. Mileage reimbursement is available to volunteers.
- **PERSONAL EMERGENCY RESPONSE SYSTEMS** - provide for the placement for low-income at-risk elderly who live alone. Referrals are handled by Services Specialists.
- **MINOR HOME REPAIR** – a volunteer task force performs yard maintenance and basic home repair projects not provided by other programs. Funded by United Way and others.
- **WEATHERIZATION ACCESS** – in collaboration with Community Action Opportunities, outreach workers identify and link elderly residents with appropriate home repair and weatherization programs. *ALSO:* In cooperation with Progress Energy and the Area Agency on Aging, the distribution of heat relief services (fans and air conditioners) is available during summer months.
- **SHIIP** – Senior Health Insurance Information Program: volunteer counselors trained in Medicare and Medicare Supplemental Insurance provide one-on-one assistance with Medicare questions and concerns.
- **911 CELL PHONES** – Donated cell phones for 911 dialing provided for eligible at-risk seniors at no charge.
- **C.A.P.E.S.**- Caring for Aging Parents Education and Support Group; meets monthly at Women’s Resource Center in collaboration with Mission Hospital. Supported by Community Health Enhancement funds.
- **IN HOME AIDE SERVICES - In Home Services Partnership with Department of Social Services** - provides home management and/or personal care services to eligible persons.

OTHER SERVICES

INCOME TAX COUNSELING – Volunteers trained in cooperation with the IRS and NC Dep’t. of Revenue help seniors with tax returns. Offered at various sites throughout the county February- April. Call the Council for places and times.

GENERAL INFORMATION – Information about aging services county-wide is available by calling a Council Services Specialist (see list below).

EXECUTIVE DIRECTOR
FUNDRAISING & PUBLIC RELATIONS
ACCOUNTING MANAGER
NUTRITION MANAGER
SERVICES SPECIALIST PRGM. MGR.
SERVICES OUTREACH SPECIALIST
SERVICES OUTREACH SPECIALIST
SERVICES OUTREACH SPECIALIST
SERVICES OUTREACH SPECIALIST
SERVICE COORDINATOR, VANDERBILT
SERVICE COORDINATOR, BATTERY PARK
COMMUNITY PARTNERSHIP COORDINATOR
HOME REPAIR PROJECT COORDINATOR
VOUNTEER COORDINATOR
I & A PROGRAM ASSISTANT
CARE MGR., PROJECT CONTINUUM CARE
RESOURCE COORDINATION AIDE
MIS CONSULTANT
TITLE V – MEDICARE

*Wendy H. Marsh
Jacquie Buttles
Erin Crouse
Phil Gale
Kate Brockett
Nathan Johnson
Lauren Hickman, BSW
Kathleen Lang
Sarah Elsner
Cyndy Wallhausser, BSW
Coryn Harris
Kate Zurich
Stephen Boyer
Joan Maxcy
Ruth Eaton
Judith Gaynor, MSW
Donna Case
David Bloom
Sybil French*

Consultants: Kate Zuich, PCC and CAPES; Ali Climo, Aging Plan; Carol Young Wood, LCSW – staff support